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Dear You

So how's 2008 going so far?

Does the festive season already seem like sometime last year? - it is. How are those New Year's Resolutions coming along? or would you rather I didn't ask?

More importantly – is 2008 going to be **everything you want** it to be?

Now that the first flush of the year is out of your way, it can be a very good idea to step back, take a deep breath, and look at what you want to make happen in the next twelve months.

One of my most successful friends always takes time a few weeks into a new year to review her previous year's results, and then to get very clear about what she wants to cause in the coming one.

The review allows her to recognise what worked about her plans and actions, as well as the things that she can learn from, and gives her a springboard for planning a successful New Year.

As she says: "Achieving results starts with being very clear about what you really want."

Now is **a perfect time** for you to go through the same process.

Take a while to review your 2007 –  
What did you want to achieve?  
What did you actually achieve?  
What worked?  
What is there to learn?

Then have a look forward into 2008 –  
What do you really want to do, be, have and achieve?

**Dare to dream** – be bold and include the things that inspire and excite you, not just what you feel comfortable with.

Write all those things down.

Next week, I'll send you another email with some simple steps to help you turn your list into a plan, turn your plan into actions, and **turn your actions into results!**

And remember: "Achieving results starts with being very clear about what you really want."

Have a wonderful 2008.  
Doug